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August 19, 2019

The Honorable Ron Kind
U.S. House of Representatives
1502 Longworth House Office Building
Washington, DC 20515

Dear Representative Kind:

On behalf of the physician and medical student members of the American Medical Association (AMA), I am writing to express our support for H.R. 1530, the “Treat and Reduce Obesity Act of 2019.” This bill represents a real opportunity to treat, reduce, and prevent obesity in adults by making targeted therapy more widely available to Medicare beneficiaries, requiring Part D coverage of medications to treat obesity, and calling for further action at the federal level.

Medicare now covers “intensive behavioral therapy for obesity” at no cost to the beneficiary if the therapy is furnished by a physician in primary care or other defined specialty, or by a certain non-physician, and takes place in a physician office, a hospital outpatient department, or in an independent or public health clinic. H.R. 1530 would allow Medicare to pay a physician who is not in primary care for providing this therapy in any appropriate setting, including community-based sites. Other appropriate providers could also receive Medicare payment for this therapy, including psychologists, diet and nutrition professionals, and “evidence-based, community-based lifestyle counseling programs,” but only if they have a referral from a physician or primary care practitioner and work in collaboration and coordination with them, including keeping them informed of recommendations and treatment plans. H.R. 1530 has an important safeguard that any community-based site must comply with federal privacy regulations under HIPAA (the Health Insurance Portability and Accountability Act). The bill would also require Medicare Part D plans to cover drugs that treat obesity or support weight loss management for individuals who are overweight and have other health problems. The Secretary of Health and Human Services would report back to Congress every two years on the bill’s implementation, and make recommendations for better coordinating and leveraging federal programs to support research and clinical care to address obesity in adults.

The AMA has long supported heightened efforts to address the health problems associated with obesity and to offer patients the resources and the support they need to maintain a healthy weight. The AMA House of Delegates has adopted policy deeming obesity a “disease” to raise awareness of the problem within health care and to increase treatment opportunities and options. Obesity also contributes to the widespread problems of diabetes and hypertension, and this bill would achieve a positive step forward in supporting the AMA’s strategic initiative to address these conditions.

Thank you for your leadership on this issue. We look forward to working with you to achieve passage of the “Treat and Reduce Obesity Act of 2019” to support the health of our nation’s Medicare population.

Sincerely,

James L. Madara, MD